

Oral Typhoid Vaccine

Vaccination,
the best protection

April 2018

Vaccination is the best protection against typhoid and its complications. This vaccine is recommended for travellers going to regions where they might contract typhoid due to the presence of the disease and poor sanitary conditions

Disease	Transmission	Signs and symptoms	Possible complications
Typhoid	<ul style="list-style-type: none">Typhoid is spread by contact with water or food contaminated by the stools of a person with typhoid.	<ul style="list-style-type: none">FeverHeadacheAbdominal painConstipationSlow pulse	<ul style="list-style-type: none">Death (1% of cases even with treatment)

The vaccine

Vaccination is the best protection against typhoid and its complications.

As well as vaccination, it is important to avoid consuming water or food likely to have been contaminated, and to apply simple hygiene measures (washing your hands and disinfecting objects soiled by stools).

The 4 capsules should be taken 2 days apart, i.e. 1 capsule should be taken on each of days 1, 3, 5 and 7. It is recommended to complete the vaccination schedule at least one week before the trip.

Symptoms after vaccination

Some symptoms may be caused by the vaccine. Other problems may occur by chance and are not related to the vaccine (e.g. cold, gastro, headache).

Oral typhoid vaccine is safe. In most cases, it does not cause any reaction.

Known reactions to this vaccine	What to do
<ul style="list-style-type: none">Reactions caused by this vaccine are similar to those caused by a placebo.	<ul style="list-style-type: none">Use a medication for fever or discomfort if needed.See a doctor if symptoms are severe.

Allergic reactions to the vaccine may occur. If an allergic reaction occurs after taking one or more capsules, see a doctor immediately.

For any questions, contact the person giving the vaccine, or Info-Santé 8-1-1 or your doctor.