

# Hepatitis A and Typhoid Vaccine

Vaccination,  
the best protection

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Vaccination is the best protection against hepatitis A and typhoid and their complications. This vaccine is recommended for travellers going to regions where the diseases are present.

Diseases	Transmission	Signs and symptoms	Possible complications
<b>Hepatitis A</b>	<ul style="list-style-type: none"><li>Hepatitis A is transmitted by contact with water or food contaminated by the stools of a person infected with hepatitis A.</li></ul> <i>Young infected children often do not have symptoms but can transmit hepatitis A to their close contacts.</i>	<ul style="list-style-type: none"><li>Fever</li><li>Fatigue</li><li>Loss of appetite</li><li>Jaundice</li><li>Headache</li></ul>	<ul style="list-style-type: none"><li>Serious liver damage</li><li>Fatigue lasting several weeks</li><li>Death (0.1% to 0.3% of cases)</li></ul>
<b>Typhoid</b>	<ul style="list-style-type: none"><li>Typhoid is spread by contact with water or food contaminated with the stools of a person infected with typhoid.</li></ul>	<ul style="list-style-type: none"><li>Fever</li><li>Headache</li><li>Abdominal pain</li><li>Constipation</li><li>Slow pulse</li></ul>	<ul style="list-style-type: none"><li>Death (1% of cases even with treatment)</li></ul>

## The vaccine

Vaccination is the best protection against hepatitis A and typhoid and their complications.

In addition to vaccination, it is important not to consume potentially contaminated food or water and to apply simple hygiene measures (washing your hands and disinfecting objects contaminated by stools).

## Symptoms after vaccination

Some symptoms may be caused by the vaccine (e.g. redness at the injection site). Other problems may occur by chance and are not related to the vaccine (e.g. cold, gastro, headache).

Hepatitis A and typhoid vaccine is safe. Most reactions are harmless and do not last long.

Frequency	Possible reactions to the vaccine	What to do
In most cases (more than 50% of people)	<ul style="list-style-type: none"><li>Pain at the injection site</li></ul>	<ul style="list-style-type: none"><li>Apply a cold, damp compress at the injection site.</li><li>Use a medication for fever or discomfort if needed.</li><li>See a doctor if the symptoms are severe.</li></ul>
Very often (less than 50% of people)	<ul style="list-style-type: none"><li>Redness and swelling at the injection site</li><li>Fatigue, headache, muscle soreness</li></ul>	
Often (less than 10% of people)	<ul style="list-style-type: none"><li>Fever, diarrhea, dizziness, discomfort, nausea</li></ul>	
Sometimes (less than 1% of people)	<ul style="list-style-type: none"><li>Itching, joint pain, skin rash</li></ul>	

We recommend that you stay at the clinic for at least 15 minutes after vaccination because allergic reactions may occur. If an allergic reaction occurs, the symptoms will appear a few minutes after the vaccination. The person giving the vaccine will be able to treat this reaction immediately.

**For any questions, contact the person giving the vaccine, or Info-Santé 8-1-1 or your doctor.**