

Resources on Sexuality for Children and Parents

SUGGESTED BOOKS FOR CHILDREN (AGED 0-6):

- FOUGÈRE, Isabelle, and Bone BUSTER. *L'encyclo de la vie sexuelle, 4-6 ans*, Hachette Jeunesse, 2008, 29 p.
- ROBERT, Jocelyne. *Ma sexualité de 0 à 6 ans*, Les Éditions de l'Homme, 2005, 80 p.

SUGGESTED BOOKS FOR CHILDREN (AGED 6-10):

- HARRIS, Robie H. *It's Not the Stork!: A Book About Girls, Boys, Babies, Bodies, Families And Friends*, Candlewick Press, 2008, 64 p.
- ROBERT, Jocelyne. *Ma sexualité de 6 à 9 ans*, Les Éditions de l'Homme, 2004, 64 p.
- ROBERT, Jocelyne. *Te laisse pas faire! Les abus sexuels expliqués aux enfants*, Les Éditions de l'Homme, 2005, 112 p.

SUGGESTED BOOKS FOR CHILDREN (AGED 10-13):

- HARRIS, Robie H. *Let's Talk About Sex*, Walker Books, 2010, 96 p.
- ROBERT, Jocelyne. *Ma sexualité de 9 à 11 ans*, Les Éditions de l'Homme, 2003, 64 p.

SUGGESTED BOOKS FOR ADOLESCENTS (AGED 12-17):

- ROBERT, Jocelyne. *Full sexuel. La vie amoureuse des adolescents*, Les Éditions de l'Homme, 2002, 190 p.
- SOCIETY OF OBSTETRICIANS AND GYNAECOLOGISTS OF CANADA. *Sex Sense, Canadian Contraception Guide*. 2nd Edition, 2005, 174 p.

SUGGESTED BOOKS FOR PARENTS

- COPPER-ROYER, Béatrice. *Premiers émois, premières amours. Quelle place pour les parents?*, Albin Michel, 2007, 177 p.
- ROBERT, Jocelyne. *Parlez-leur d'amour et de sexualité*, Les Éditions de l'Homme, 1999, 216 p.
- SAINT-PIERRE, Frédérique, and Marie-France VIAU. *My Child's Sexuality: Questions and Answers for Parents*, Éditions du Chu Sainte-Justine, 2009, 76 p.

WEB SITES FOR CHILDREN AND PARENTS

www.sexualityandu.ca

Web site with information about sex and sexuality (sections for kids, parents and professionals).

www.itss.gouv.qc.ca

Quebec web site about condoms and sexually transmitted infections (STI) (Ministère de la Santé et des Services sociaux).

www.cfsh.ca

Web site of the Canadian Federation for Sexual Health. Visit the section "Your Sexual Health/How to Talk about Sex."

www.ligneparents.com

Website of Générations, a non-profit organization. This French-language site can answer parents' questions (via forums based on age group, testimonials, and more). You can reach this organization 24 hours a day, 7 days a week at 1-800-361-5085.