

# Vaccines Offered Free of Charge to All Teens in Secondary 3

| August 2025 |

Vaccination,  
the best protection

**At the next school vaccination session, you will have the opportunity to receive some vaccines offered free of charge to all teens in Secondary 3. Even if you already received these vaccines when you were younger, it's important to get vaccinated to protect yourself against the following infections.**

## Vaccine against tetanus and diphtheria

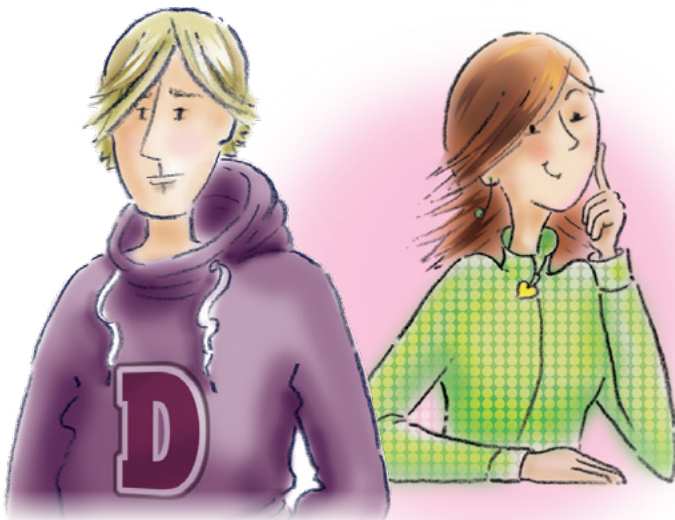
This vaccine is recommended for teens aged 14 to 16. Tetanus and diphtheria are very serious diseases caused by bacteria. It is safe to receive the Tdap vaccine even though the whooping cough component is not required. Possible reactions after vaccination are the same for both vaccines.

## Vaccine against meningococcus infections

Meningococcus is a bacteria that can cause severe infections like meningitis, especially in young adults.

## Vaccine against hepatitis B

Hepatitis B is a viral infection that affects the liver. It can lead to complications such as a permanent infection of the liver.



For more information  
about vaccines, visit:

**Québec.ca/immunization**

# Is Your Vaccination Up to Date?

During the vaccination session, the nurse will review your file and your vaccination record to make sure your vaccinations are up to date for diphtheria, pertussis, tetanus, polio, measles, rubella, mumps, meningococcus infections, varicella, hepatitis A, hepatitis B, and HPV infections. The nurse can then give you any vaccines you are missing. Protection against these illnesses is very important, as they are still around and you can still catch them.

In the case of HPV, and with the available research data on HPV vaccination, Quebec experts can now recommend a single-dose schedule for young people. If you didn't get this dose when you were younger (e.g., in grade 4 of elementary school), you'll be able to get it this year.

In the case of varicella, if you came down with the illness after age 1, you don't need to be vaccinated.

**If you don't remember, ask your parents if you've had varicella, and if so, at what age.**



Bring your vaccination record to school the day of the vaccination session or on nurse's request. If you don't have it, show up anyway. You can be vaccinated even without providing your vaccination record. The nurse will tell you which vaccines are recommended for you.



**“ Vaccination at school,  
a simple way to protect yourself from serious illnesses ”**

[Quebec.ca/immunization](http://Quebec.ca/immunization)