

# Vaccines offered free of charge to all teens in Secondary 3

Vaccination,  
the best protection

**At the next school vaccination session, you will have the opportunity to receive some vaccines offered free of charge to all teens in Secondary 3.**

## Vaccine against tetanus and diphtheria

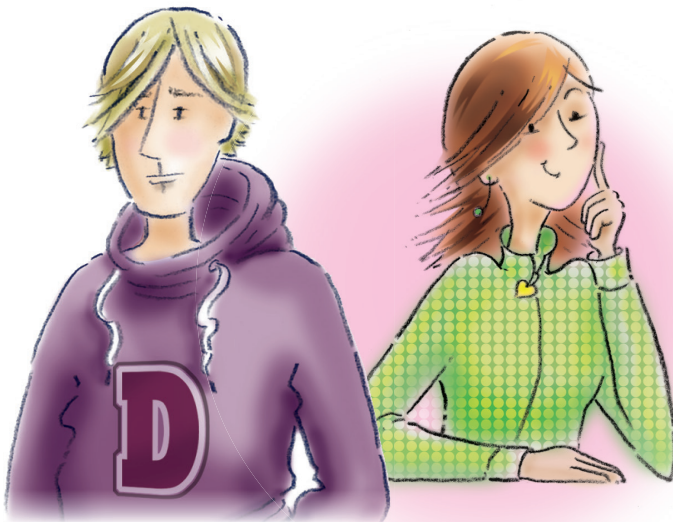
This vaccine is recommended for teens aged 14 to 16. Tetanus and diphtheria are very serious diseases caused by bacterias. That is why it is important that you get vaccinated against them, even if you were already vaccinated when you were younger.

## Vaccine against meningococcus infections

Meningococcus is a bacteria that can cause severe infections like meningitis, especially in young adults. It is therefore important that you get vaccinated even if you were already vaccinated against this infection when you were younger.

## HPV vaccine

HPVs are viruses that cause condylomas (genital or anal warts) as well as cervical cancer and other cancers (vagina, vulva, penis, anus, mouth and throat). The HPV vaccine does not protect against other sexually transmitted infections. It is important to wear a condom even if you or your partner has been vaccinated against HPVs.



For more information about these vaccines, visit:

**[Québec.ca/vaccination](https://quebec.ca/vaccination)**

Reverse →

# Is your vaccination up to date?

During the vaccination session, the nurse will review your file and your vaccination record to make sure your vaccinations are up to date for diphtheria, pertussis, tetanus, polio, measles, rubella, mumps, meningococcus infections, varicella, hepatitis A, hepatitis B, and HPV infections. The nurse can then give you any vaccines you are missing. Protection against these illnesses is very important, as they are still around and you can still catch them.

In the case of varicella, if you were vaccinated before age 13 or you came down with the illness after age 1, you don't need to be vaccinated.

**If you don't remember, ask your parents if you've had varicella, and if so, at what age.**



Bring your vaccination record to school the day of the vaccination session or on nurse's request. If you don't have it, show up anyway. You can be vaccinated even without providing your vaccination record. The nurse will tell you which vaccines are recommended for you.



**“ Vaccination at school,  
a simple way to protect yourself from serious illnesses ”**

[Quebec.ca/vaccination](http://Quebec.ca/vaccination)