

During their schooling, young people experience a variety of situations related to various issues of health and well-being. On this sheet, you will find specific intervention guidelines that have been developed to support the work of stakeholders who plan and implement health promotion and prevention actions.

To see all the health-related recommendations presented in the EKIP reference framework: [Visit the School-based interventions section](#)

### Violence refers to any use of force

- in any form, whether verbal, written, physical, psychological or sexual
- which is intentionally used against another person, and
- which causes distress and injures, hurts or oppresses a person by attacking their psychological or physical integrity or well-being, or their rights or property

### ACTIONS TO BE PRIORITIZED IN SCHOOLS SHOULD:

- Provide a caring, civic-minded environment for young people that fosters positive relationships and openness to diversity.
- Contribute to young people's sense of security, and reduce or prevent problems related to aggressive behaviour in victims, perpetrators or witnesses of violence.
- Help reduce the vulnerability of young people to various manifestations of violence, such as homophobia, sexual assault and violence in romantic relationships.



## SPECIFIC RECOMMENDATIONS

- Value harmonious relationships and prosocial behaviour between students, between adults and students, and between adults.
  - Name and reinforce expected behaviours.
  - Pay attention to expected behaviours, not only to undesirable behaviours.
- Distinguish between violence, bullying, aggression, anger and conflict.
- Do not trivialize violence.
- Actively intervene in group dynamics to protect at-risk students and prevent negative interactions.
- Ensure early intervention in cases of violence or bullying expressed directly (e.g. hitting, insults, fighting) or indirectly (e.g. rumours, exclusion), including online.

Immediate intervention is needed, as well as supervision to stop the behaviour.

- Consider situations of violence and bullying as a sign of relationship difficulties. These situations require educational support and guidance aimed at strengthening the personal and social skills of the students involved, such as:
  - increased support for anger or conflict management
  - positive self-assertion
  - responsible decision-making
  - exploration of strategies for dealing with bullying, violence, taunts



## KEYWORDS

- |                  |                            |                                      |
|------------------|----------------------------|--------------------------------------|
| → Abuse          | → Homophobia               | → Conflict resolution                |
| → Sexual assault | → Bullying                 | → "Taxing"                           |
| → Cyberbullying  | → Harmonious relationships | → Violence in romantic relationships |



See also the sheet dedicated to [General recommendations for health and well-being actions in schools](#), which are not linked to a specific theme.

