

During their schooling, young people experience a variety of situations related to various issues of health and well-being. On this sheet, you will find specific intervention guidelines that have been developed to support the work of stakeholders who plan and implement health promotion and prevention actions.

To see all the health-related recommendations presented in the EKIP reference framework: [Visit the School-based interventions section](#)

**Environmental health** helps to create and maintain healthy and safe environments and surroundings to minimize the risk of physical harm from environmental contaminants or nuisances such as noise, UV rays, carbon monoxide or lead.

### ACTIONS TO BE PRIORITIZED IN SCHOOLS SHOULD:

Aim to improve or maintain the quality of life of young people, both indoors (e.g. cleanliness, air quality, quality of drinking water and swimming pool water) and outdoors (e.g. fight against heat islands, protection against UV rays). These actions should also help raise awareness among young people of behaviours to adopt to protect the environment and of the benefits of such actions on their health and the health of others. Actions may include, for example, using sunscreen to protect themselves from the sun or helping design the schoolyard to create shaded areas.



## KEYWORDS

- Noise
- Air quality
- Water quality
- Soil quality
- Ultraviolet rays
- Cleanliness
- Safety
- Extreme temperatures



See also the sheet dedicated to [General recommendations for health and well-being actions in schools](#), which are not linked to a specific theme.

