

Integrated Perinatal and Early Childhood Services (SIPPE)

Posters for parents on areas of intervention

This user friendly and adaptable tool was created at the request of care providers to facilitate discussions with parents on SIPPE's areas of intervention. **Seven posters** have been designed:

1. SIPPE

General poster illustrating the four areas of intervention

2. Attachment is the bond my child develops with me

Poster on attachment during the **prenatal period**

3. Attachment is the bond my child develops with me

Poster on attachment during the **postnatal period**

4. My child is developing very quickly

Poster on the different areas of child development

5. Health care during pregnancy and my family's lifestyle

Poster on medical and preventative health care during the **prenatal period**

6. Health care and my family's lifestyle

Poster on medical and preventative health care during the **postnatal period**

7. My family and friends and the resources I can turn to for support and to help my child develop well

Poster on using resources for basic needs and as a social support network

The use of the posters is not mandatory. They are complementary to the [grille de suivi des objectifs par niveau](#) tool used by care providers¹ and are an additional tool in their toolkit. Although the program's key topics are illustrated, not all topics are illustrated so as not to overload the posters.

The use of the posters is flexible and requires adaptation based on the particular characteristics and needs of each family. Not all the topics depicted on a poster have to be discussed at the same time with a family.

On the back of each poster, there are examples of questions or topics written in simple language to discuss. The care provider can draw on these examples to initiate the discussion with the parent. Clinical judgement remains essential in adjusting the content and asking the right questions at the right time.

The father's or the other parent's involvement must be encouraged. Most of the sample questions are worded in such a way that they can be addressed to the mother, father or other parent. The sample questions are written in the second person singular for simplicity's sake, but the care provider should adapt them to the situation.

The posters are **not designed to be given to parents.**

The posters must be **used in accordance with the [accompagnement approach](#)** recommended in SIPPE which emphasizes discussion, co construction and empowerment.

¹ The *grille de suivi des objectifs par niveau* is used to determine the intensity of follow up to provide and is not intended to be used with families.

Suggested uses

Poster depicting the four areas of intervention “The SIPPE Program”

- **When presenting the SIPPE program to clients** at the beginning of the follow up (see also the summary sheet: [Présentation des SIPPE aux familles selon les étapes du processus d’admissibilité](#)). This poster can help families better understand the program.
- **When carrying out the in depth needs assessment** as a complementary tool to the [Grille d’analyse des besoins](#) or for families who have more difficulty identifying their needs.
- **When developing the IP IIP ISP IISP²** in order to identify goals with the family.
- **When presenting** the program to partners.
- **To clarify the role of each care provider** when several are involved with a family.

The six posters on a specific area of intervention

- **During follow up** to discuss an aspect of the SIPPE follow up that the care provider would like to address with the family (e.g., attachment, child development).
- **To assess each area of intervention with the parent** before changing levels.

2 IP: intervention plan
IIP: interdisciplinary intervention plan
ISP: individualized service plan
IISP: individualized and intersectoral service plan



Management

Julie Poissant, Professor
Department of Education and Specialized Education
Université du Québec à Montréal

Anne-Marie Langlois, Director
Direction du développement des enfants et des jeunes
Ministère de la Santé et des Services sociaux

Annie Motard-Bélanger, Perinatal and Early Childhood Coordinator
Direction du développement des enfants et des jeunes
Ministère de la Santé et des Services sociaux

Julie Fortier, Prevention and Health Promotion Advisor
Direction du développement des enfants et des jeunes
(until January 2024) Ministère de la Santé et des Services sociaux

Peggy Bedon, Prevention and Health Promotion Advisor
Direction du développement des enfants et des jeunes
(January to June 2024) Ministère de la Santé et des Services sociaux

Design and text

Luce Bordeleau, Consultant, Université du Québec à Montréal

In collaboration with a working committee

Chantal Desaulniers, Assistant to the Immediate Superior
CIUSSS de la Mauricie-et-du-Centre-du-Québec

Nathalie Garand, Assistant to the Immediate Superior
Direction du programme jeunesse, CIUSSS de l’Est-de-Montréal

Marie-Ève Maltais, Social Worker, CISSS de la Côte-Nord

Caroline Pulver, Clinical Activities Specialist for the SIPPE Program
Direction de la santé publique, CISSS de la Montérégie-Centre

Revision by the SIPPE toolkit monitoring committee

Stephani Arulthas, Scientific Advisor
Direction du développement des individus et des communautés
Institut national de santé publique du Québec

Julie Beauvais, SIPPE Regional Respondent
Direction régionale de santé publique – CIUSSS du Centre-Sud-de-l’Île-de-Montréal

Élise Coutu, Assistant to the Director
Direction du programme jeunesse – CISSS des Laurentides

Sophie Gaudreau, Knowledge Broker
Équipe des projets nationaux en transfert des connaissances – CIUSSS de l’Estrie-CHUS

Mélanie Nadeau, SIPPE Regional Respondent (until June 2023)
Direction de la santé publique et responsabilité populationnelle – CIUSSS de la Mauricie et du Centre-du-Québec

Johanne Sirois, Professional Coordinator
Programme jeunesse – CISSS de la Côte-Nord

Validation

Validated by nine SIPPE regional respondents from the following regions:
Chaudières-Appalaches, Abitibi-Témiscamingue, Capitale Nationale, Montréal, Laurentides, Lanaudière, Saguenay-Lac-Saint-Jean, Mauricie et Centre-du-Québec et Nord-du-Québec

Validated by 16 clinical support workers from the following regions:
Chaudière-Appalaches, Capitale Nationale, Estrie, Mauricie et Centre-du-Québec, Côte-Nord, Montérégie, Abitibi-Témiscamingue et Montréal

Tested with families for validation by 27 SIPPE case managers from the following regions:
Abitibi-Témiscamingue, Laval, Montréal et Montérégie