

An illustration of a family in a nursery. A woman in a yellow shirt stands on the left. A man in a blue shirt and a pregnant woman in a green shirt sit on a chair in the center. A young boy and girl sit on a sofa to the left. The room features a crib, a mobile, and a changing table. A pink banner with the word 'Attachment' is in the top right corner. The background wall is decorated with a row of circular icons showing fetal development stages and various baby items like a pacifier, heart, mobile, onesie, diaper, and duck.



Child development

The illustration depicts a vibrant community scene focused on child development. In the upper left, a man in a pink shirt and a woman in a green shirt are playing with a young boy. In the center, a woman is reading a book to a girl, while a boy plays with blocks. In the bottom left, a man and a woman are playing with a boy. In the bottom right, a group of children and adults are gathered around a table, with a sign that says "SERVICE IS Caring FOR A CENTIMETER".

The SIPPE Program

Healthcare and lifestyle



Examples of questions and suggestions for presenting the program at the beginning of follow-up

The questions can be addressed to the mother, father or other parent

Adjust the questions to the parent's intervention level

Attachment

During our meetings, we can talk about topics such as attachment, which is the emotional bond between the baby and its parents. Even if the baby is still in your belly, we can talk about how you feel or how the baby is developing. Later on, we can talk about what you can do to understand your child. It's not always easy to understand a child's different needs or to understand the language of babies.

Child development

After your child is born, we can talk about your child's development; we can talk about the routine you have with your baby, about activities that are suitable for them and about what is going well or not so well. Together, we will play with them too. Would you like that?

Healthcare and lifestyle

Medical care and prevention

We can talk about your health, medical care during your pregnancy, what can help you have a healthy baby (e.g., diet, sleep, physical activity), and what to do if your baby is not well, etc.

Resources, family and friends

Use of resources for basic needs and as a support network

Lastly, the support available to you: family, friends and local organizations that can help you.

Conclusion

Are you interested in these topics? Are there any topics that you find more interesting than others? Are there any topics I haven't mentioned that you would like us to talk about?

This poster can also be used:

- as a complement to the [Grille d'analyse des besoins des familles](#): to be used for parents who have more difficulty identifying their needs;
- to present the program to partners;
- to clarify the role of each care provider when more than one care provider is involved with the family.