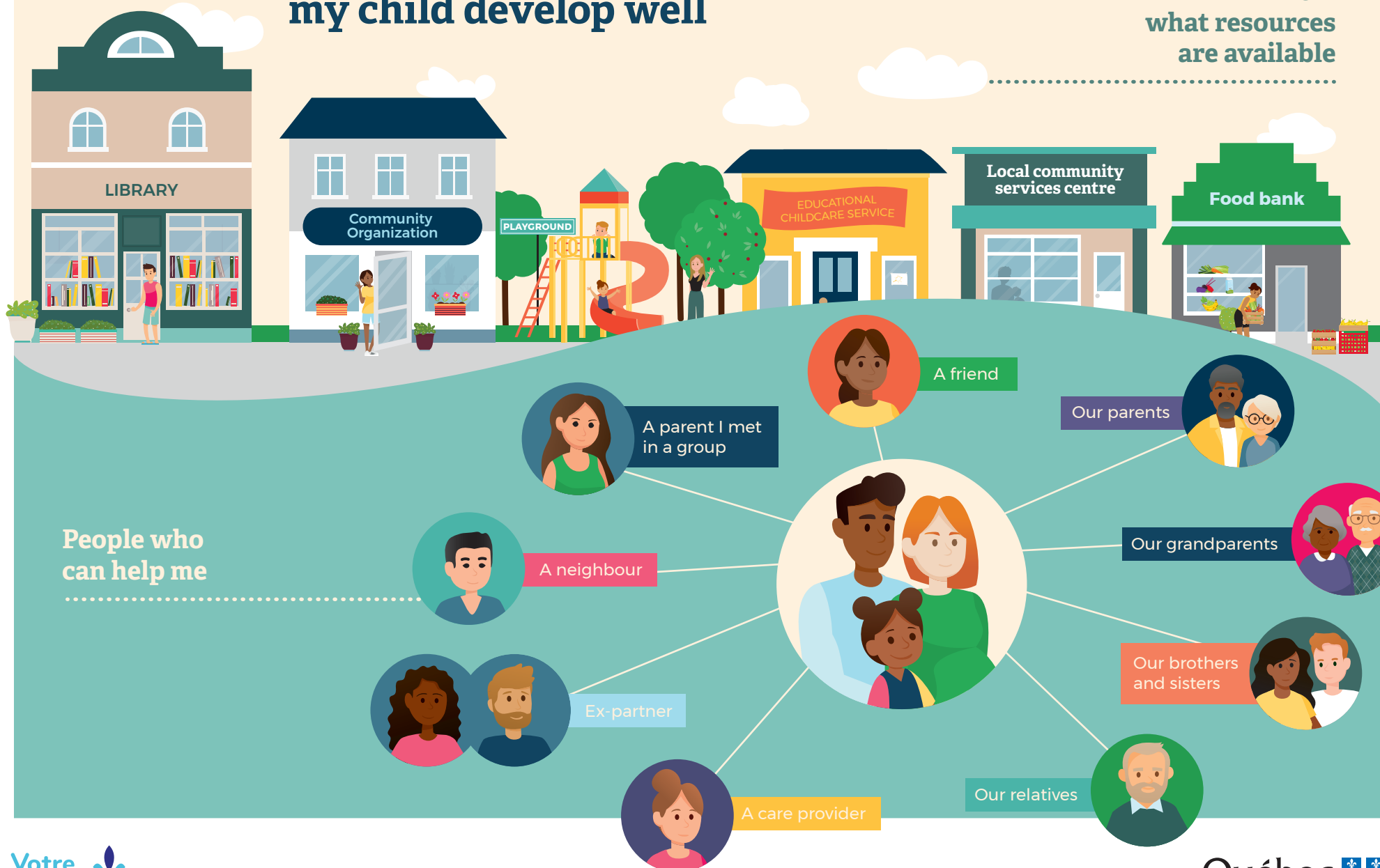


My family, friends and the resources I can turn to for support and to help my child develop well

I know
what resources
are available



Examples of questions and suggestions of topics to discuss with the parent(s) during follow-up

The questions can be addressed to the mother, father or other parent

Adjust the questions to the parent's intervention level

I know what resources are available

Knowledge and use of resources that can help to meet basic needs

- I would like to know what you know about parental leave and how comfortable you feel about applying for it.
- Do you know what steps you must take after your child is born (e.g., declaration of birth)?
- Do you know about family and food organizations that can support you?
- Do you sometimes use local resources to help you? *Ask this question to start the discussion with parents on their knowledge and use of local resources (e.g., community organizations, library, playgrounds, swimming pool, thrift store).*
- Do you have a plan (e.g., to go back to school, find a job)?

Family and friends who can help me

Consolidation and mobilization of formal and informal resources and the social support network

- How are your relationships with your family and friends?
Assess the strength of the relationships described by the parent(s) and their history over time.
- When you need help or advice, who can you turn to?
- How did the father or other parent and your family react to the child's birth?
- Who are the people who are close to you and your child and who you can count on when you need them?
- What are the strengths and qualities of these people that you can count on?
- When it comes to family and friends, would you say that all your relationships are positive?
- Are you someone who likes to have a lot of people around them or do you prefer to be alone?
- Is it easy for you to create connections or does it require a lot of effort?
- Have your friends or the other parent ever criticized how you behave?
- How do you communicate to a friend or to your partner when you disagree or are unhappy with something?
- Do you find it easy to ask for help?
- Does your child see their grandparents, your friends or family members? How does that go?

Examples of questions and suggestions of topics to discuss with the parent(s) during the assessment before changing level

- What do you know about local resources that may be helpful?
- Tell me about your plans?
- Tell me about your family and friends and how they help you?

To stimulate discussion, tell the parent what achievements/strengths you have observed by giving them concrete examples of behaviours and adjusting the questions to the intervention level. Discuss the challenges they feel they are facing in their parenting role and identify aspects they would like to develop or improve (adjust the IP-IIP¹, ISP as needed).