

**Attachment
is the bond
my child
develops
with me**

**I show my child
that they are
important to me
through actions
and words**

**I take care
of my child**

**I try to understand
what my child
wants to tell me**

I set rules
for my child
even if
it's difficult
sometimes.

Well done,
I'm proud
of you!

**I adapt to my
child and to
my role as
a parent**

Bedtime routine



Give bath



Put on diaper



Put on pajamas



Brush teeth



Read a book



Bedtime

Examples of questions and suggestions of topics to discuss with the parent(s) during follow-up

The questions can be addressed to the mother, father or other parent

Adjust the questions to the parent's intervention level

I show my child that they are important to me through actions and words

Demonstration of physical and psychological closeness to the child

- The birth of a child changes the lives of all new parents. How are you adapting to the role of parent?
- What things does your child like to do with you? What do you like to do with them? How do you think your child feels during this time with you?
- What do you do to comfort your child when they cry? What works well?
- How do they react when you comfort them?
- How do you make them feel that they are important to you?
- Do you sometimes spontaneously pick your child up without them asking?

I take care of my child

Interest in parenting (engagement) and respect for the child's characteristics (reciprocity)

- Have you ever felt impatient or angry when your child cries? You know, everyone feels overwhelmed at times by their baby's behaviour or crying. What do you think about doing at those times? What have you done in the past?
- How do you make sure your child is always safe at home or elsewhere?
- When your child cries, hurts themselves or is afraid, I have noticed that you always reach out for them and reassure them. What happens for them when you do that?

I try to understand what my child wants to tell me

Detection, cues and appropriate response (sensitivity)

- What do you think your child wants to tell you when they cry, yawn, reach out for you?
- What do you do in these situations? Explore with each parent the different reasons why a child may give certain cues.
- How do you know what your child needs (they are hungry, tired, need to have their diaper changed, need to be reassured)?
- How do they express their needs?
- What do you do when you realize they are expressing a need? Check if the response is fast, constant and adapted to needs.

I adapt to my child and to my role as a parent

Interest in parenting (engagement) and respect for the child's characteristics (reciprocity)

- What does the word "routine" mean to you? Talk about the bedtime routine but also about the morning routine or mealtimes.
- What routines do you like to do with your child when it comes to meals? Bedtime? Bathtime?
- Does your child have preferences when it comes to being comforted, going to sleep, breastfeeding or having their bottle?
- What are your favourite times with your child in a day?
- How do you feel in your role as a parent?
- Are there situations with your child that you find more difficult? Do you want us to talk about it and try to find solutions?
- If you had to introduce your child to someone who doesn't know them, how would you describe them? What are their qualities? Give the parent examples if they have difficulty (e.g., curious, affectionate).

Examples of questions and suggestions of topics to discuss with the parent(s) during the assessment before changing level

To stimulate discussion, tell the parent what achievements/strengths you have observed by giving them concrete examples of behaviours and adjusting the questions to their intervention level. Discuss the challenges they feel they are facing in their parenting role and identify aspects they would like to develop or improve (adjust the IP-IIP¹, ISP as needed).

- Have you noticed that your child feels comforted when they have hurt themselves or when they cry because you pick them up quickly and reassure them? It shows them that they are important to you. Give an example for each parent.
- I believe that your child feels important to you and loved by you because you often cuddle them, talk to them and you play with them every day. Identify the different strengths of each parent. You could do this by taking the child's perspective.
- How would you describe the bond your child has developed with you and you with them?