

You're strong. But so are viruses.

Get vaccinated free of charge against the **flu** and **COVID-19**.

You're at greater risk of complications if you :

- are 60 or older;
 - are pregnant;
 - live with diabetes;
 - have a weakened immune system;
 - have heart, lung or kidney disease.
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Vaccination,
the best protection

Learn more and book an appointment.
Québec.ca/VaccinationCampaign

