



**IMPORTANT:** To prevent identity theft and protect your personal information, **your request must be submitted along with a copy of a valid piece of signed photo ID** (health insurance card, driver's license, passport, etc.) **by mail.** Failure to provide mandatory information may result in your request being delayed or turned down.

Section A: IDENTIFICATION			
Fields with an asterisk (*) are mandatory.			
* Last name		* First name	
* Date of birth YYYY/MM/DD	* Gender <input type="checkbox"/> F <input type="checkbox"/> M	* Home address (street, apartment)	
* City		* Province	* Postal code
* Phone number (daytime) ( ) -	Phone number (other) ( ) -	Email address	
* Mother's maiden name		* Mother's first name	
Father's last name		Father's first name	
* Identification: Health Insurance Card		* Number of Health Insurance Card 	* Expiration Date YYYY/MM

Section B: IDENTIFICATION OF PARENT, TUTOR, CURATOR, OR MANDATARY			
Complete the section if you are filing a request on behalf of the person named in Section A. Attach a document authorizing communication (consent, power of attorney, or court decision) if necessary.			
Last name		First name	
Address (street, apartment)			
City		Province	Postal code
Phone number (daytime) ( ) -	Relationship to the person	Email address	

Section C: TYPE OF REQUEST	
<input type="checkbox"/> I am withdrawing my refusal. All my health information can now be released through the QHR.	
I refuse to allow the release of my personal health information through the QHR <input type="checkbox"/> indefinitely or until the following date: YYYY/MM/DD	
Reasons for refusal (check all that apply):	
<input type="checkbox"/> I do not see the benefit to the release of my personal health information.	<input type="checkbox"/> I can't limit access to certain health providers.
<input type="checkbox"/> My refusal follows a discussion with my physician.	<input type="checkbox"/> I have had a bad experience.
<input type="checkbox"/> My refusal follows a discussion with my family.	<input type="checkbox"/> I don't want to give a reason.
<input type="checkbox"/> I have a lack of confidence in data security and confidentiality.	<input type="checkbox"/> Other, specify:

Section D : SIGNATURE (MANDATORY)	
Signature	* Date YYYY / MM / DD

Please mail the completed form along with a copy of a valid piece of signed photo ID to the following address:

Régie de l'assurance maladie du Québec  
Service des relations avec la clientèle du Dossier santé  
1125, Grande-Allée Ouest, Q059  
Québec (Québec), G1S 1E7

To get help completing this form, please contact the Régie de l'assurance maladie du Québec at 418 646-4636 (Québec area) or 514 864-3411 (Montréal area) or 1 800 561-9749 (elsewhere in Québec).