

Supporting Our Children's
Development



THE AGIR TÔT PROGRAM

- Is your child between 0 and 5 years old?
- Do you have concerns about their development?
- Do people around you seem to misunderstand your child when he or she speaks?
- Have you noticed that your child often stumbles?

Your CLSC professionals can help.

The earlier developmental delays are identified in children, the sooner they will be referred to the most appropriate services for help.

Often, a simple nudge is enough.

How can the Agir tôt program help you?

During the 18-month vaccination appointment, a nurse will check how your child is developing and answer your questions.

At any time, if you are worried about your child's development, you can:

- Contact your CLSC, where a professional will listen to your concerns and direct you to the appropriate services.
- If needed, go through a screening process to determine whether your child is reaching age-appropriate developmental milestones.

If developmental delays are identified, your child can be referred to services adapted to his or her needs.

These services:

- Help stimulate your child's development and equip you to support him or her daily.
- Facilitate collaboration with key people in your child's life to ensure his or her well-being and development (e.g.: daycare teacher, 4-year-old kindergarten teacher, etc.).
- Prepare your child to start school and support him or her through this important transition.
- Accompany you throughout the various procedures and services.

For more info, go to: Quebec.ca/agirtot

To contact your CLSC:

Agir tôt services are free, confidential, and voluntary.