

# THE FLU CAN CRACK YOUR DEFENSES.

EVEN  
IF YOU'RE  
VACCINATED  
AGAINST  
COVID-19!

The flu can have serious  
consequences for anyone living with:

- Diabetes
- A weakened immune system
- Heart disease
- Lung disease
- Kidney disease

**GET THE  
FLU SHOT.**

[Quebec.ca/VaccinGrippe](https://Quebec.ca/VaccinGrippe)



Votre  
gouvernement

Québec