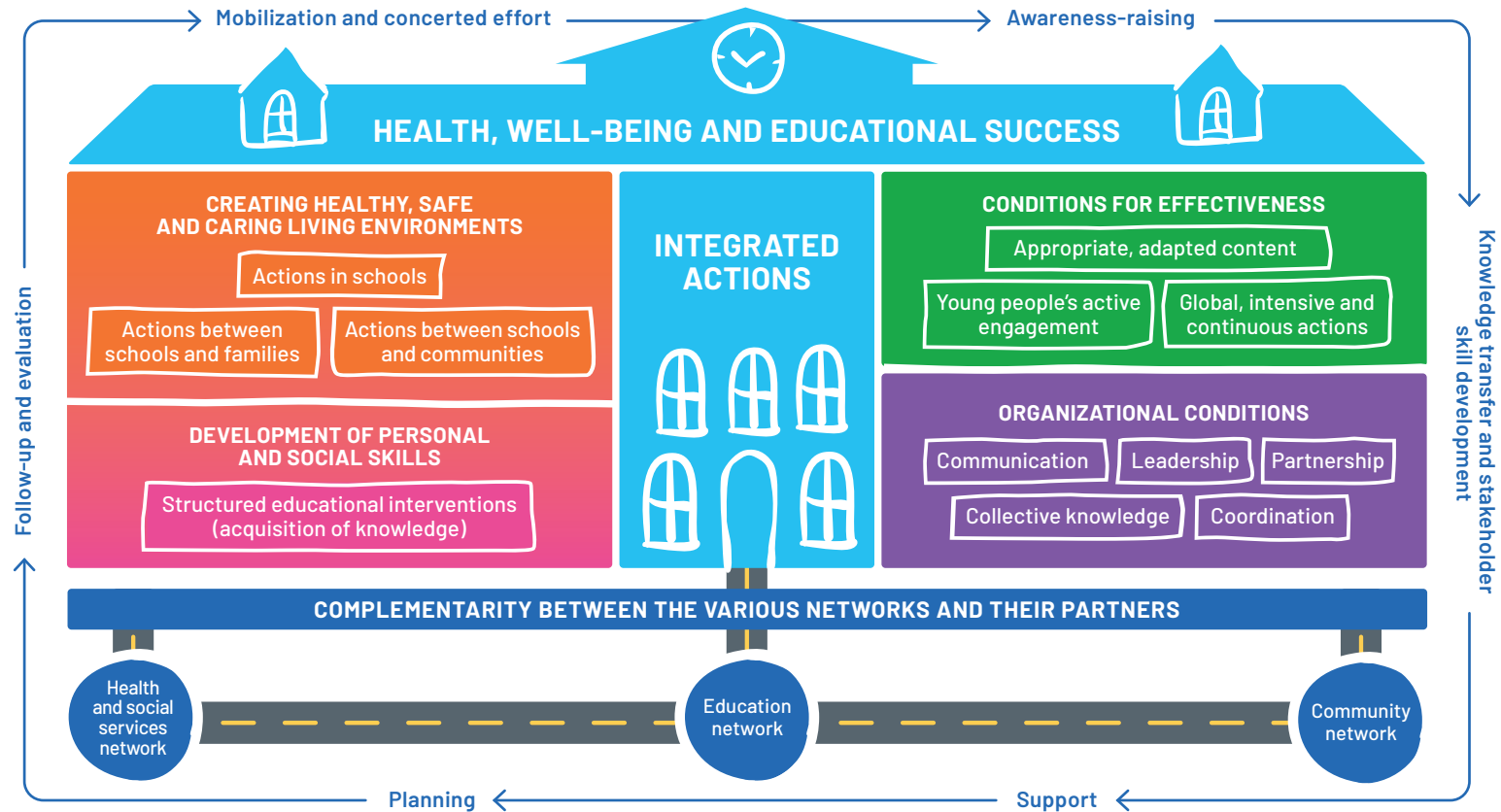


HEALTH PROMOTION AND PREVENTION IN SCHOOLS

Key concepts to increase the impact of actions to promote the health, well-being and educational success of young people from preschool to Secondary V



HEALTH PROMOTION:

Positively influencing the determinants of health in order to give individuals, groups and communities greater control over their health by improving their lifestyles and living conditions.

PREVENTION:

Intervening as early as possible to reduce risk factors associated with illness, psychosocial problems and injuries as well as their consequences in order to detect early warning signs of problems and address them, where appropriate.

Cellule de travail École en santé de la Table de coordination nationale en prévention et promotion de la santé (2020). This visual tool is inspired by the Logic Model of the Healthy Schools approach and its implementation (2020). The key concepts presented here are derived from best practices in health promotion and prevention in schools.