

WHAT ARE MY RIGHTS?

If you or your parents disagree with the decision to take measures to keep you from running away, you can challenge the decision before the court, which will prioritize your request.

While measures to keep you from running away are in effect, you will remain in your open unit. You have the right to contact your parents, other family members, your social worker, your lawyer, or anyone else at any time. However, the judge or the integrated centre executive director, or the person the executive director authorizes in writing, may prohibit contact with people they consider to be a bad influence.

If you or your parents are not satisfied with the integrated centre's services, you can:

- ask for help from the integration centre's user committee, which is made up of young people and parents who use the centre. They can help and advise you;
- file a complaint with the centre's service quality and complaints commissioner; or
- file a complaint with the Québec Ombudsman if you are not satisfied with the response from the service quality and complaints commissioner.

You or your parents can contact the Commission des droits de la personne et des droits de la jeunesse at any point if you feel your rights are being violated.

CONTACT INFORMATION FOR THE SERVICE QUALITY AND COMPLAINTS COMMISSIONER



COMMISSION DES DROITS DE LA PERSONNE ET DES DROITS DE LA JEUNESSE

360 rue Saint-Jacques, 2nd floor
Montréal (Québec) H2Y 1P5
Telephone, Montréal region: **514 873-5146**
Telephone, elsewhere in Québec: **1 800 361-6477**
Fax: **514 873-6032**
Email: plainte@cdpdj.qc.ca

QUÉBEC OMBUDSMAN

800 place d'Youville, 19th floor
Québec (Québec) G1R 3P4
Telephone: **418 643-2688**

1080 côte du Beaver Hall
10th floor, suite 1000
Montréal (Québec) H2Z 1S8
Telephone: **514 873-2032**

Elsewhere in Québec: **1 800 463-5070**

Email: protecteur@protecteurducitoyen.qc.ca

LEGAL AID

To find your nearest Legal Aid office, visit the website of Commission des services juridiques at csj.qc.ca



MEASURES ARE BEING TAKEN TO KEEP YOU FROM RUNNING AWAY

What happens now?

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WHAT ARE MEASURES TO KEEP ME FROM RUNNING AWAY?

They are measures that allow a youth care worker to take the necessary precautions to keep you from running away from the rehabilitation centre where you are staying if they have reasonable grounds to believe that you might end up in a situation that could be dangerous for you or someone else while you are on the run.

These measures are intended to keep you from running away while allowing you to stay in your open living unit.

WHO ARE THEY FOR?

A youth care worker can take measures to keep you from running away if:

- you are being placed in an open living unit;
- you are a flight risk;
- you could end up in a dangerous situation while you are on the run;
- your behaviour or actions could be dangerous for someone else while you are on the run;
- based on a review of your situation, your placement in an intensive supervision unit is not justified.

WHY ARE STEPS BEING TAKEN TO KEEP ME FROM RUNNING AWAY?

For your own safety. We don't want you to end up in a situation that could be dangerous for you or where you could behave inappropriately toward someone else. For instance, we want to help you avoid situations where you could be sexually exploited, abuse drugs or alcohol, or behave in a violent or threatening manner toward someone else.

WHO MAKES THE DECISION TO TAKE MEASURES TO KEEP ME FROM RUNNING AWAY?

After reviewing your situation and discussing it with you and your parents, your youth care worker and social worker may recommend that measures be taken to keep you from running away.

The executive director of the integrated centre*, or the person the executive director authorizes in writing, makes the decision as to whether measures should be taken to keep you from running away. Their decision is based on an analysis of your situation. The executive director or the person they authorize will also make sure your situation does not justify your placement in an intensive supervision unit.

You and your parents will be informed of the reasons justifying the decision to take measures to keep you from running away.

Measures to keep you from running away cannot be used to punish or isolate you.

However:

- if you do not respect the rules of the unit, you could be subject to disciplinary measures such as losing privileges; and
- if you put your safety or that of others at risk, you could be isolated temporarily to keep you from hurting yourself or someone else, and you will remain isolated for as long as you remain a threat.

* The term "integrated centre" refers to both integrated health and social services centres (CISSS) and integrated university health and social services centres (CIUSSS).

WHAT HAPPENS WHILE MEASURES ARE BEING TAKEN TO KEEP ME FROM RUNNING AWAY?

Your youth care worker will help you through the process, so you give up on running away. They will work with you to figure out why you want to run away, help you find other solutions to your problem, or help you find ways to deal with the difficulties you're facing. The goal is to put an end to the situation and keep it from happening again in the short-term. The team of youth care workers will also be there to give you the support and guidance you need.

You can keep up with your studies and you will have access to the activities and services offered within the rehabilitation centre.

One of the measures taken to keep you from running away may be to restrict your freedom to leave your unit or the rehabilitation centre. Your activities may also have to be supervised or rescheduled.

WHEN WILL THE MEASURES TO KEEP ME FROM RUNNING AWAY BE LIFTED?

They will be lifted once it is determined that you are no longer a flight risk or the situation that justified them is unlikely to recur in the days to come.

Your situation may be reassessed at any time, but no later than 7 days after the measures are implemented.

It is the executive director of the integrated centre, or the person the executive director authorizes in writing, who will reassess your situation and decide whether to:

- put an end to the measures keeping you from running away;
- maintain the measures keeping you from running away and reassess your situation within 7 days; or
- place you in an intensive supervision unit.