

For help with informed consent



Vaccination readies your body's defences against specific viruses and bacteria.

The vaccine will help your immune system to efficiently combat the virus that causes COVID-19.

WHY SHOULD I GET VACCINATED?

- > It protects against COVID-19 and helps you to avoid becoming sick
- > Even if many people recover without being treated, some may die from COVID-19 or suffer heart or lung problems like pneumonia. The nervous system can also be affected

[Québec.ca/COVIDvaccine](https://Quebec.ca/COVIDvaccine)

📞 1 877 644-4545

WHAT ARE THE MOST FREQUENT SYMPTOMS AFTER VACCINATION?



Pain at the injection site



Fatigue, headache, muscle or joint pain and fever

These are light to moderate symptoms that usually disappear in one or two days. You can take fever or pain medicine such as acetaminophen or ibuprofen to relieve them.

ARE THERE OTHER RARER SYMPTOMS?

Allergic reactions are rare and if they occur, they usually appear within minutes after vaccination when recipients are still under surveillance and as such will be immediately treated.

Over the coming months, as long as the great majority of the population is not yet vaccinated, COVID-19 will remain.

Let's continue to protect ourselves!



Keep your distance



Cover your face



Cough into your sleeve



Wash your hands