

HOW CAN I AVOID CARBON MONOXIDE POISONING WHILE BLASTING WORK IS UNDERWAY IN MY AREA?

- » By installing a **functional carbon monoxide detector** in the basement of your home. Run a test to be sure that you can hear the alarm from every room in the house.



AND

- » **By properly ventilating your home** (open two windows to create a flow of air) on the day of the blasting work. If you have an air exchange system, it should be run continuously on *air exchange* mode at the highest setting for at least 48 hours.

HOW CAN I TELL IF THERE IS CARBON MONOXIDE IN MY HOME?

- » Your carbon monoxide detector goes off.
- » People in your home experience headaches, nausea, dizziness, malaise, or even loss of consciousness.

» IF YOUR **CARBON MONOXIDE DETECTOR GOES OFF**, OR IF YOU EXPERIENCE ANY OF THESE **SYMPTOMS**, IT IS AN **EMERGENCY**.

WHAT SHOULD I DO IF I AM EXPOSED TO CARBON MONOXIDE OR EXPERIENCE CARBON MONOXIDE POISONING?

- » Leave your home immediately.
- » Dial **9-1-1** as quickly as possible, or call the **Quebec Poison Control Center** at 1-800-463-5060. **Report** the presence of carbon monoxide in your home and explain that there is blasting work underway in your area.
- » Do not return inside your home, even for a few minutes, without authorization from a firefighter.

For more information, visit **Québec.ca/air**

Contractor:

