



FOR TEACHING  
AND RESEARCH

# Donating your body

Did you know that body donations are fundamentally important for teaching and research?

In fact, these gifts provide college and university students in the various health-science programs the opportunity to take courses in practical human anatomy in their disciplines and to practice the different techniques of their specialties.

Body donations can also play a role in developing new techniques and approaches to care and intervention by specialists and other health-care professionals.

Votre   
gouvernement

Québec 



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## Who can donate their body?

Anyone can make a gift of their body for teaching or research purpose. A minor under 14 years of age may also do so with the consent of the person having parental authority or of his tutor.

## What is the procedure for announcing your intention to donate your body to science, after the attestation of your death?


You must, during your lifetime:

- 1 Sign the donor card;
- 2 Have the donor card signed by two adult witnesses (spouse, child, father, mother, friend, etc.);
- 3 Keep the donor card with your ID cards (driver's licence, health insurance card);
- 4 Inform your family members and people close to you about your consent and the existence of your donor card.

For more information, particularly to know the body acceptance criteria, see

[Quebec.ca](http://Quebec.ca)

**Santé  
et Services sociaux**

**Québec** 

I hereby donate my body for teaching and research purposes.

Donor's name (in uppercase letters)	Date of birth (YYYY-MM-DD)
Donor's signature	Date of signature
Restrictions or specific wishes, if any.	
Witness	
Witness	

*You may withdraw your consent to donate your body at any time.*