

QUÉBEC CHSLD DENTAL CARE AND DAILY HYGIENE PROGRAM

Services for residents



What is the Québec CHSLD Dental Care and Daily Oral Hygiene Program?

Loss of independence among the elderly often involves a decline in the ability to perform certain tasks, such as brushing teeth and cleaning dentures. This leads to a rapid deterioration in dental and overall health. The program aims to improve and maintain the dental health of people living in residential and long-term care centres (CHSLDs).

What are the objectives of the program?

The program is intended to keep residents comfortable and healthy by ensuring that they:

- › Have good oral hygiene
- › Have no untreated pain or oral disease
- › Are able to eat painlessly and enjoy eating

Where is dental care provided?

Dental care is tailored to the needs of residents. It is provided on site, in a room reserved for this purpose or in residents' rooms, using portable equipment.

What dental services are available in CHSLDs?

The following dental services are available **free of charge** for all residents:

- › Oral evaluations on admission and periodically (every six months) thereafter by a nurse working with a nursing assistant as needed.
- › Daily oral hygiene care by **an orderly**, with support from **a nursing assistant** as needed (oral hygiene products are provided **free of charge** by the care centre):
 - Tooth brushing
 - Denture cleaning
- › Preventive care by **a dental hygienist**:
 - Scaling (cleaning of teeth)
 - Labelling dentures with residents' names
 - Applying fluoride varnish
- › Exams by **a dentist** and emergency exams as needed
- › Exams and evaluations by **a denturist** as needed

The cost of the following dental services is covered, in part, by residents, depending on their ability to pay. Residents or their families must provide consent before the start of treatment.

- › Services provided by **a dentist**:
 - Fillings
 - Extractions
 - Root canals
 - Making and repairing dentures
- › Services provided by **a denturist**:
 - Making and repairing dentures

For more information on the program, please contact the care centre manager or go to **Québec.ca**.