

Implant-supported dentures

Reminder card 5

Implant-supported removable dentures

Brushing the mucous membrane and implant abutments: twice a day

1. Help the resident remove their dentures

2. Brush their implant abutments, mucous membrane and tongue (from back to front) with a soft toothbrush and an alcohol-free antiseptic mouthwash



3. Clean the spaces between the implant abutments with an interdental brush

4. Ask the resident to spit out any excess saliva

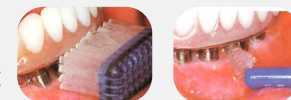
5. Rinse the toothbrush and the interdental brush with water and let them dry



Implant-supported fixed dentures

Brushing the mucous membrane, implant abutments and dentures: twice a day

1. Brush the areas behind and in front of their implant abutments, and their gums, tongue (from front to back), mucous membrane and dentures with a soft toothbrush and an alcohol-free antiseptic mouthwash or a low abrasive toothpaste



2. Clean the spaces between the implant abutments and the underside of the dentures with an interdental brush in a back-and-forth motion

3. Ask the resident to spit out any excess saliva

4. Rinse the toothbrush and the interdental brush with water and let them dry

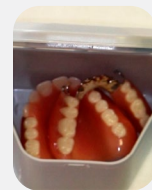
REQUIRED MATERIALS

Soft toothbrush, interdental brush, alcohol-free antiseptic mouthwash, denture brush, denture cleansers, denture container, washcloth, gloves, emesis basin, 2" x 2" piece of cotton gauze

Implant-supported removable dentures

Cleaning dentures: once a day

1. Place a washcloth in the sink or partially fill the sink with water
2. Brush the dentures with a denture brush and denture cleansers
3. Rinse the dentures and denture brush thoroughly with water
4. Remove the dentures for the night
5. Place the dentures in a container filled with warm water overnight
6. Rinse the denture container with water once a day
7. Clean the denture container with denture cleansers once a week



ADDITIONAL INFORMATION:

1. Inform the nurse of any changes in the resident's behaviour or oral health as well as any problems related to their dentures
2. Rinse the dentures with water after each meal
3. Have the resident spit into an emesis basin as needed
4. For residents who have difficulty spitting, eliminate excess saliva with a 2" x 2" piece of cotton gauze

Replace the toothbrush every 3 months:

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Adapted from material developed by
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