

DAILY ORAL HYGIENE CARE

# Without dentures Without natural teeth

Last name and first name (optional)

Reminder card 4

## Brushing the mucous membrane: twice a day

1. Brush their tongue (from back to front) and mucous membrane with a soft toothbrush and an alcohol-free antiseptic mouthwash



2. Ask the resident to spit out any excess saliva

3. Rinse the toothbrush with water and let it dry



## REQUIRED MATERIALS

**Soft toothbrush, alcohol-free antiseptic mouthwash, washcloth, emesis basin, gloves, 2" x 2" piece of cotton gauze**

### ADDITIONAL INFORMATION:

1. Inform the nurse of any changes in the resident's behaviour or oral health
2. Have the resident spit into an emesis basin as needed
3. For residents who have difficulty spitting, eliminate any excess saliva with a 2" x 2" piece of cotton gauze



**Replace the toothbrush every 3 months:**

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DATE	DATE	DATE	DATE	DATE

COMMENTS:

Adapted from material developed by  
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