

Dentures without natural teeth

Reminder card 3

Brushing the mucous membrane: twice a day

1. Help the resident remove their dentures

2. Brush their tongue (from back to front) and mucous membrane with a soft toothbrush and an alcohol-free antiseptic mouthwash



3. Ask the resident to spit out any excess saliva

4. Rinse the toothbrush with water and let it dry



Brushing dentures: once a day

1. Place a washcloth in the sink or partially fill the sink with water

2. Brush their dentures with a denture brush and denture cleansers

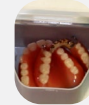


3. Rinse the dentures and denture brush thoroughly with water



4. Remove the dentures for the night

5. Place the dentures in a container filled with warm water overnight



6. Rinse the denture container with water once a day

7. Clean the denture container with denture cleansers once a week

REQUIRED MATERIALS

Soft toothbrush, alcohol-free antiseptic mouthwash, denture brush, denture cleansers, denture container, washcloth, gloves, emesis basin, 2" x 2" piece of cotton gauze

ADDITIONAL INFORMATION:

1. Inform the nurse of any changes in the resident's behaviour or oral health as well as any problems related to their dentures
2. Rinse the dentures with water after each meal
3. Have the resident spit into an emesis basin as needed
4. For residents who have difficulty spitting, eliminate excess saliva with a 2" x 2" piece of cotton gauze



**Replace the toothbrush
every 3 months:**

DATE

DATE

DATE

DATE

DATE

COMMENTS:

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