

THE FLU CAN CRACK YOUR DEFENSES.

The flu can have
serious consequences
for anyone living with:

- **Diabetes**
- **A weakened immune system**
- **Heart disease**
- **Lung disease**
- **Kidney disease**

Vaccination,
the best protection

**GET
VACCINATED.**

[Québec.ca/vaccingrippe](https://quebec.ca/vaccingrippe)



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gouvernement

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