

The advantages of consenting to the exchange of personal information

Your consent to the exchange of personal information is needed, because your family doctor can then more easily:

- establish a diagnosis and address your needs, since he or she will be better informed about your test results and about the care and treatment you have already received;
- coordinate the various medical or psychosocial services and treatments that you require because of your condition;
- ensure follow-up of your state of health.

Be sure to register!



Ce dépliant est aussi disponible en français.

For further information about the setting up of family medicine groups and about the general medical services offered in your region, contact your health and social services agency:

Bas-Saint-Laurent
Phone: 1 866 724-5231

Saguenay–Lac-Saint-Jean
Phone: 418 545-4980
1 800 370-4980

Capitale-Nationale
Phone: 418 525-1500

**Mauricie
et Centre-du-Québec**
Phone: 819 693-3636

Estrie
Phone: 819 566-7861

Montréal
Phone: 514 286-5615

Outaouais
Phone: 819 776-7660

Abitibi-Témiscamingue
Phone: 819 764-3264

Côte-Nord
Phone: 418 589-9845

Nord-du-Québec
Phone: 418 748-3575

**Gaspésie–
Îles-de-la-Madeleine**
Phone: 418 368-2349

Chaudière-Appalaches
Phone: 418 386-3363

Laval
Phone: 450 978-2000

Lanaudière
Phone: 450 759-1157
1 800 668-9229

Laurentides
Phone: 450 436-8622
1 800 363-2507

Montérégie
Phone: 1 866 463-3443

Nunavik
Phone: 819 964-2222

**Terres-Cries-de-la-Baie-
James**
Phone: 819 855-2844

www.msss.gouv.qc.ca

**Santé
et Services sociaux**
Québec 

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The Family Medicine Group An Asset for the Patient and for the Patient's Doctor



Québec 

Why create family medicine groups?

The ministère de la Santé et des Services sociaux is setting up family medicine groups in order to give everyone easier access to a family doctor and to improve the quality of general medical care.

What is a family medicine group?

A family medicine group is a group of doctors who, for the benefit of registered persons, work closely with nurses in a setting conducive to the practice of family medicine.

A family doctor who belongs to a family medicine group also works closely with other professionals from the health and social services centre, hospitals and pharmacies as well as with other health professionals in your region.



Registration

You are invited to register, voluntarily and free of charge, with a doctor who is a member of a family medicine group. Just fill out a registration form, which you can obtain from the office of your member doctor. Your registration is valid for as long as you remain with your family doctor, but is terminated if you change doctors or if your doctor leaves his or her group.*

The advantages of registering with a family doctor

- You will have the opportunity to choose your family doctor and to establish a lasting and privileged relationship that reflects a mutual commitment between your family doctor and you.
- You will benefit from the services of a team made up of your family doctor, his or her colleagues and the group's nurses, who together will look after your health problems and provide you with follow-up.



- You will be able to see your family doctor with an appointment or, if necessary, without an appointment, and your family doctor can go to your home if a major loss of autonomy prevents you from going out and your situation requires a house call.
 - You will receive, from a nurse in the group, personalized explanations and instructions regarding your health problems as well as any necessary follow-up.
 - You will first consult your family doctor, but in his or her absence another doctor in the group will be able to provide follow-up of your state of health and of your medical record.
 - Individuals registered with a family medicine group can count on Info-Santé services at any time. If your doctor considers that your state of health warrants daily services outside of the family medicine group's normal business hours and depending on the situation, an Info-Santé nurse can provide the connection with the group's physician on-call system.
- In an emergency or when travelling or spending time outside your region, you may consult another doctor.

* In such a case, you will be notified of your doctor's decision and will be able to register either with another doctor in the group who is accepting new patients or with a doctor of your choice in another group.

