

Used syringes,  
needles and lancets:

**Don't leave  
them lying  
around!**



Get a "sharps"  
container from  
the pharmacy  
or CLSC.

**It's free!**



Québec 

**Used syringes,  
needles and lancets  
left in inappropriate  
places can cause  
accidents and  
sometimes spread  
serious illnesses.**

Needlestick injuries cause suffering and anxiety. They require medical treatment and the cost to society is high.

## **To prevent accidents,**

- don't leave your syringes, needles and lancets lying around;
- never put them in a garbage can or recycling bin;
- get a free "sharps" container from your CLSC or pharmacy;
- follow the instructions provided with the container;
- bring the filled container to one of the following places:
  - a pharmacy,
  - a CLSC,
  - a specialised clinic (for example, a diabetes clinic),
  - a community organisation that provides access to sterile injection equipment.