Dysphagia : Precautions to take

Provide daily oral hygiene care according to the appropriate reminder card

During daily oral hygiene care

1. Have the resident sit up straight



or lie down on their side



ALWAYS keep the resident's head tilted slightly forward

2. Avoid toothpaste that contains a foaming agent

3. Eliminate excess toothpaste or saliva with a 2" x 2" piece of cotton gauze or have the resident spit into an emesis basin



Adapted from material developed by Dr. Christian Caron, CESBV, FMD, ULaval, 2018



