

# DANGER EXPLOSIVES

**EXCAVATION WORK USING  
EXPLOSIVES WILL BE CARRIED OUT  
NEAR YOUR HOME IN THE NEXT  
FEW HOURS OR DAYS.**



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**Carbon  
monoxide  
KILLS!**

Excavation with explosives usually produces carbon monoxide. This gas can enter your home through the ground, during the day or at night, for up to a few days after the work has finished.

Carbon monoxide is very toxic. It can make you sick and even kill you very quickly. Carbon monoxide poisoning can cause serious and irreversible damage to your health.

*Protect yourself*

## HOW CAN I AVOID CARBON MONOXIDE POISONING WHILE BLASTING WORK IS UNDERWAY IN MY AREA?

- » By installing a **functional carbon monoxide detector** in the basement of your home. Run a test to be sure that you can hear the alarm from every room in the house.



### AND

- » **By properly ventilating your home** (open two windows to create a flow of air) on the day of the blasting work. If you have an air exchange system, it should be run continuously on *air exchange* mode at the highest setting for at least 48 hours.

## HOW CAN I TELL IF THERE IS CARBON MONOXIDE IN MY HOME?

- » Your carbon monoxide detector goes off.
- » People in your home experience headaches, nausea, dizziness, malaise, or even loss of consciousness.

» IF YOUR **CARBON MONOXIDE DETECTOR GOES OFF**, OR IF YOU EXPERIENCE ANY OF THESE **SYMPTOMS**, IT IS AN **EMERGENCY**.

## WHAT SHOULD I DO IF I AM EXPOSED TO CARBON MONOXIDE OR EXPERIENCE CARBON MONOXIDE POISONING?

- » Leave your home immediately.
- » Dial **9-1-1** as quickly as possible, or call the **Quebec Poison Control Center** at 1-800-463-5060. **Report** the presence of carbon monoxide in your home and explain that there is blasting work underway in your area.
- » Do not return inside your home, even for a few minutes, without authorization from a firefighter and a public health officer.

For more information, visit [sante.gouv.qc.ca](http://sante.gouv.qc.ca)

Contractor:

