



FOR TEACHING  
AND RESEARCH

# Donating your body

Did you know body donations are of critical importance for teaching and research?

In fact, these gifts provide college and university students in the various health-science programs the opportunity to take courses in practical human anatomy in their disciplines and to practice the different techniques of their specialties.

Body donations can also play a role in developing new techniques and approaches to care and intervention by specialists and other health-care professionals.

**ENSEMBLE**   
*on fait avancer le Québec*

**Québec** 



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## Who can donate their body?

Anyone can make a gift of their body for teaching or research purpose. A minor under 14 years of age may also do so with the consent of the person having parental authority or of his tutor.

## How do I go about making my donation?

The procedure for donating your body after death is straightforward:

- 1 Sign the donor card.
- 2 Have two adult witnesses sign the card (spouse, child, father, mother, friend, etc.).
- 3 Keep the card with your identification (driver's licence, Health Insurance Card).
- 4 Inform your family and friends.

## For More Information

[www.sante.gouv.qc.ca/en/](http://www.sante.gouv.qc.ca/en/)



I hereby donate my body for teaching and research purposes.

Donor's name (in uppercase letters)	Date of birth (YYYY-MM-DD)
Donor's signature	Date of signature
Restrictions or specific wishes, if any.	
Witness	
Witness	

*You may withdraw your consent to donate your body at any time.*