

Vacationers, stay alert!



**Carbon
monoxide
KILLS!**

**Only a detector
can alert you
to its presence.**

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KILLS!**

No matter where you vacation—in a cottage, hunting or fishing lodge, recreational vehicle, or tent—the risk of carbon monoxide poisoning is very real.

Carbon monoxide is an invisible, odorless toxic gas that can cause permanent damage and even death.

Precautions to take

Install a battery-operated carbon monoxide detector and make sure it works correctly.

Follow the rules for use, maintenance, and safety of your fuel-burning devices:

- Run your generators outside the home, as far as possible from doors and windows.
- Never operate a grill, small gas-powered tool, or motorized vehicle in a closed space—even with the door open.
- Never obstruct appliance inlets or outlets.
- Never use a gas oven or portable stove for heating purposes.



Examples of fuel-burning devices that may produce carbon monoxide include:

- Any non-electrical heating system
- Propane appliances, generators
- Outdoor equipment: BBQs, lamps, stoves
- Small power tools: chainsaws, compressors, mowers
- Motorized vehicles: ATVs, snowmobiles, etc.

To make the most out of your vacation, make sure you are using these devices safely!

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Protect yourself

What to do in case of emergency

Most common symptoms of carbon monoxide poisoning:

Headache
Nausea and Vomiting
Fatigue and Dizziness
Weakness

What to do if you experience the symptoms of intoxication – whether or not the alarm goes off:

- Go outside.
- Find a safe place and call the **Centre antipoison du Québec** at 1-800-463-5060.
- If you are in an area served by a fire department, dial 9-1-1.
 - Wait until a firefighter gives you permission before going back inside, even if it's just for a few minutes. And don't use any fuel-burning devices until you have had them checked by a qualified person.
- If there is no fire department where you are, do not re-enter the building until you have had all fuel-burning devices checked by a qualified person.
- Inform the person in charge of the site (if there is one).

What to do if your carbon monoxide alarm goes off but you are not experiencing any symptoms:

- If you are in an area served by a fire department:
 - Go outside, then dial 9-1-1.
 - Wait until a firefighter gives you permission before going back inside.
 - Don't use any fuel-burning devices until you have had them checked by a qualified person.
- If there is no fire department where you are:
 - Open all doors and windows.
 - Go outside.
 - Shut off the fuel supply to all fuel-burning devices (e.g., propane or gasoline tanks, gasoline-powered devices).
 - Don't use any fuel-burning devices until you have had them checked by a qualified person.
- Inform the person in charge of the site (if there is one).

